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**“WOW”
desire for
connection**



Components of a Good Mix Tape



purposeful
customized
thematic
time investment
arc (music &/or emotional)
appropriate



Interpersonal



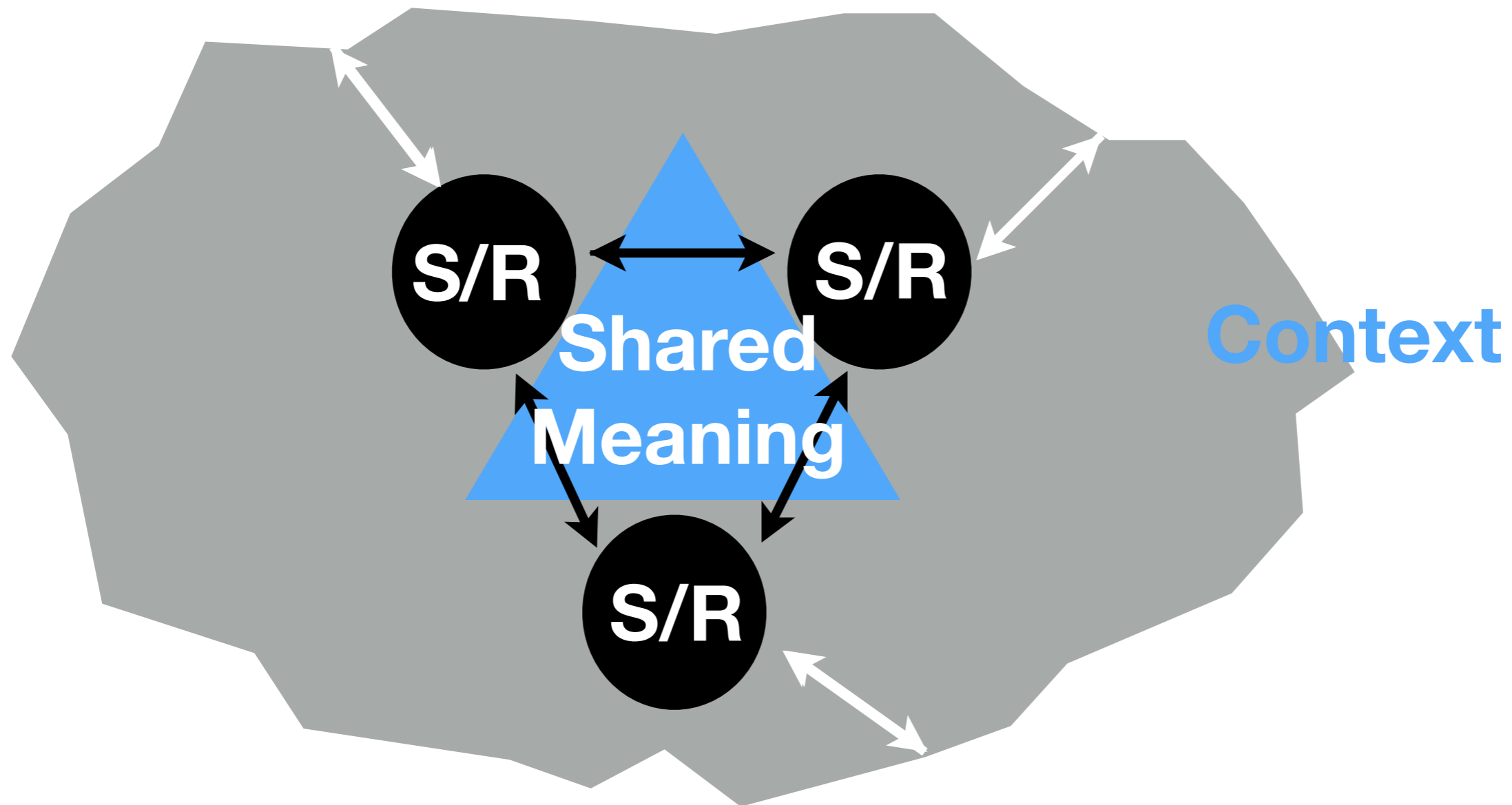
Organizational



**Cultural
(Campus)**

*principles remain
approach shifts
time investment shifts*

Dynamic Process Model of Communication



Nonverbal Communication



**65%-95% of total
meaning is from
nonverbal
communication**

Nonverbal Communication



volume

rate

enunciation

pause

stress

Nonverbal Communication



I am glad you are here today

Knapp's Model of Relational Development



Bonding Announcing commitment to relationship & making legal

Integrating Relationship gets more serious and connected. BF/GF

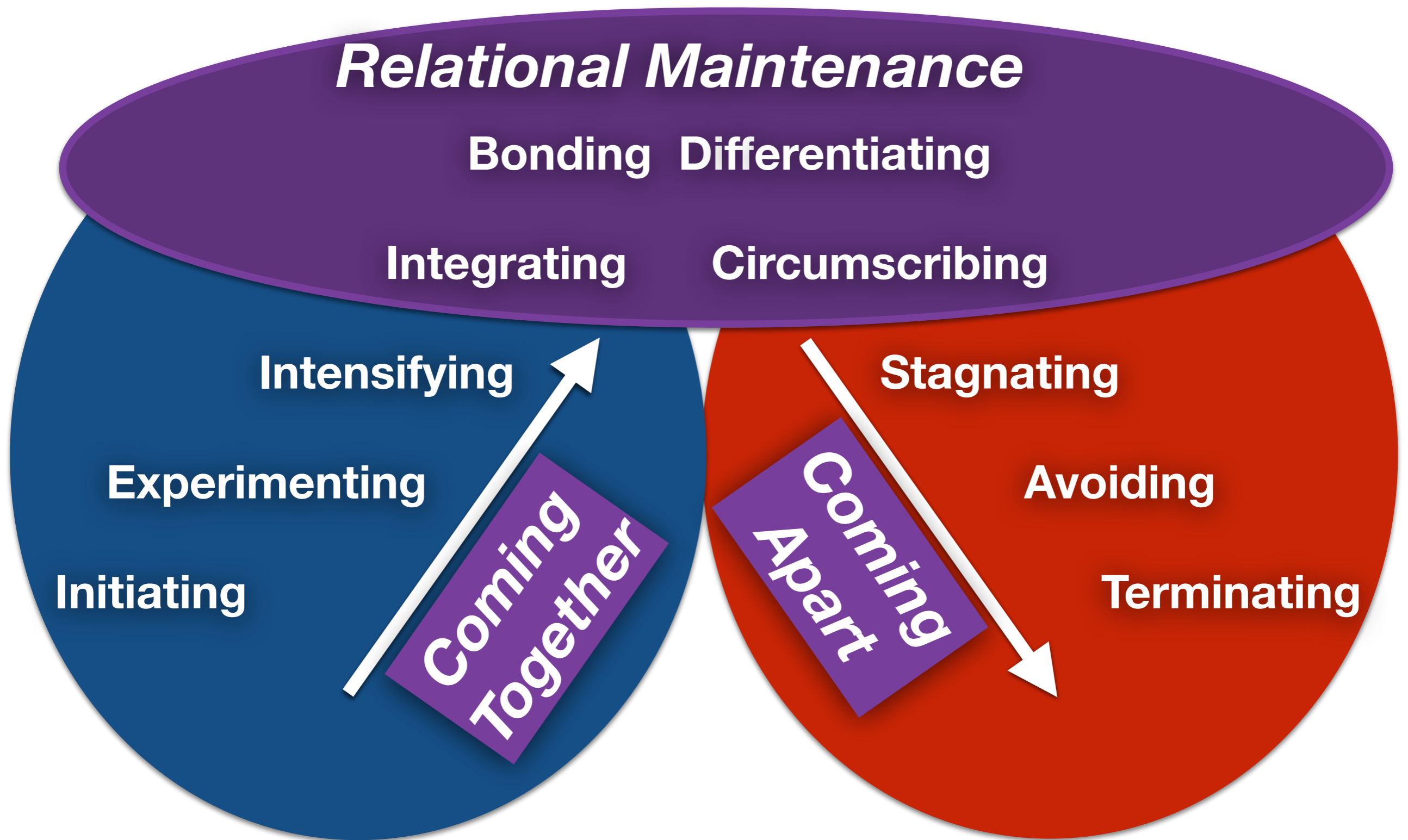
Intensifying Less formal. Revealing of information. Gifts. Checking Reactions

Experimenting Probing. Looking for common interest

Initiating First Impressions (can be wrong). Looking for positives



Knapp's Model of Relational Development



The Real Power



Relational Dialectics



Examples:

Connection vs Autonomy

Predictability vs Novelty

Favoritism vs Impartiality

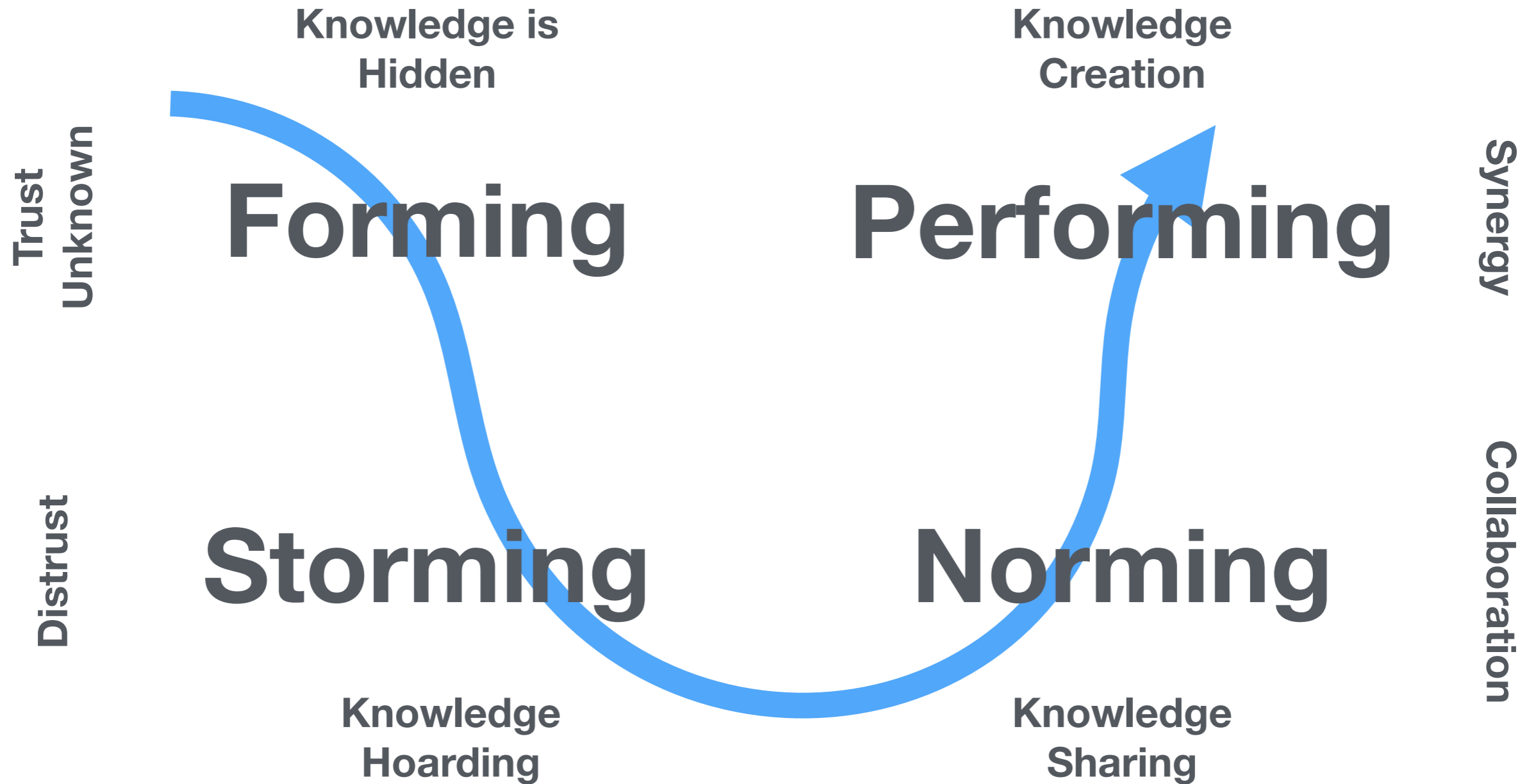
Openness vs Privacy

Relationships Needs



Honesty
Trust
Reliability
Reciprocity
Communication
Enjoyment

Tuckman's Stages of Group Development



Activity Purposes



Energizer

High Energy
Low/Medium Interaction
Low Disclosure
Low Problem Solving

Game

Medium Energy
Medium/High Interaction
Low Disclosure
Medium Problem Solving

Initiative

Medium/Low Energy
High Interaction
Low Disclosure
High Problem Solving

Icebreaker

Medium/Low Energy
Medium/High Interaction
Medium Disclosure
Low Problem Solving

Activity Examples



Energizer

Ride that Pony
Simon Says
The Wave
“Line” Dance

Game

Hospital Tag
FFEACH & MOOCH
Dodgeball
Relay Race

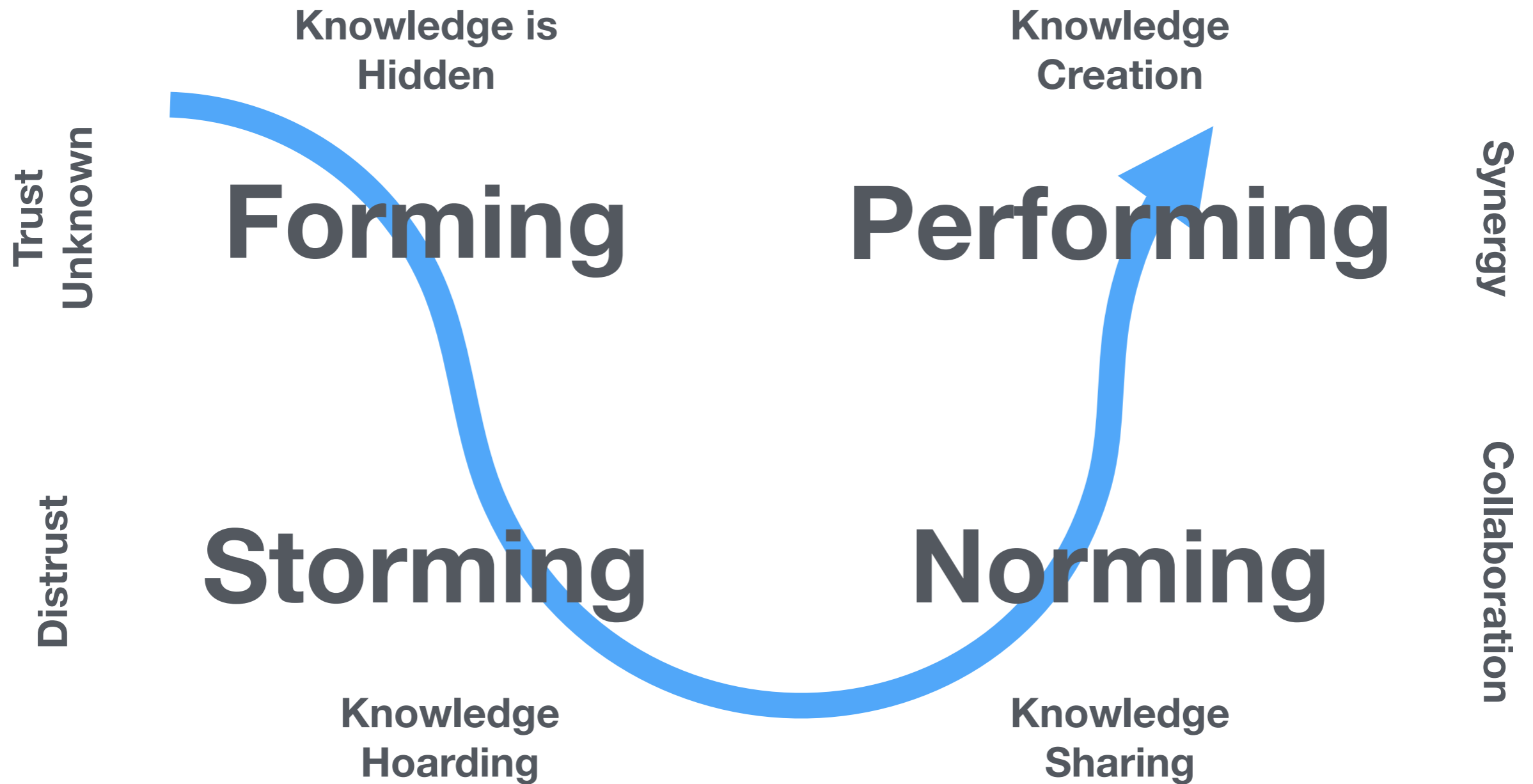
Initiative

Stepping Stones
Minefield
Toxic Waste
Balloon Trolley

Icebreaker

It Ain't Me Babe
Two Truths & A Lie
How We Differ
Goal Fear Success Dream

Tuckman's Stages of Group Development



School Wide Examples



Bonding Leading Organizations, Planning Events

Integrating Joining Clubs, Organizations. Trying out for Sports, Arts

Intensifying Purchase Class T-Shirt, Homecoming

Experimenting Club Faire, First Sporting Event

Initiating Link Crew Orientation

Activity Selection Questions



What stage are we in?

(Knapp & Tuckman)

What are the desired outcomes?

(Energize? Involve? Connect? Challenge?)

Are we balanced in approach?

(Relational Dialectic?)

Have we earned the right?

(Relationship Needs?)

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